

PLEASE PRAY FOR

Helen Wheatley, Pam Craft William Marston,
Rosie Fee, Clair Brady, Margaret Turner,
Mandy and Trevor Churchill, Jonathan Fermor,
Michael Hawthorn and David Bennett

All who grieve, especially the family and friends
of Joey Peake and Norman Garrett

People affected by fire and floods
The people of South Africa and Cuba
Roll out of the vaccination and places where
infections are surging and there is no vaccine
Maddie Smith and Jess Bramhill from m:youth
who are leading a CPAS Venture Camp this week

Readings for Trinity 9

Exodus 16:2-4, 9-15
Ephesians 4:1-16
John 6:24-35

DAILY READINGS

Mon	Ezekiel 28:1-19 James 2:1-13
Tues:	Ezekiel 33:1-20 James 2:14-end
Wed:	Ezekiel 33:21-end James 3
Thurs:	Ezekiel 34:1-16 James 4:1-12
Fri:	Ezekiel 34:17-end James 4:13-5:6
Sat:	Ezekiel 36:16-36 James 5:7-end

Benefice website	www.ConstableCountryChurches.co.uk	
Facebook:	stmaryseastbergholt and St Michael's Church, Brantham	
YouTube:	YouTube Constable Country Churches	
Rector	Rev Canon Stephne van der Toorn mob 0777 157 4702 (Emergencies only) 01206 392646 The Rectory, Rectory Lane, Brantham, CO11 1PZ revstephvdtdt@gmail.com	
Benefice Administrator	Michelle Jowers constablecountrychurches@outlook.com	
Benefice Safeguarding Officer	Glen Rowson 01206 299109	
Assistant Priest	Rev Peter Ball – retired (PTO*) 01206 393316 (*Permission to Officiate granted by the Bishop)	
Readers	Mr Nick Pavitt 01473 328512 Mrs Ruth Bull 01206 298733	
Church Wardens	East Bergholt Mrs Liz Digby 01473 312281 Mrs Fiona Trott 01206 298205	Brantham Dr Jane Pavitt 01473 328512 Mr Ken Stuttaford 01206 394446
Director of Music (EB)	Martin Huggett 01206 395927	
Elders	East Bergholt Dorothy Brundell 01206 298607 Fiona Trott 01206 298205 Chris Jacob 01206 298552	Brantham Karen Mason 01206 395865 Sarah McCraw 01206 391384
Treasurers	East Bergholt Lesley Cherry 01206 393500	Brantham Gill Forsyth 01206 393489
Our Patrons are Emmanuel College, Cambridge.		

Items for the pew leaflet should be received by Michelle Jowers by Tuesday afternoon (with a copy to Rev Steph). Michelle is in the office from 9am to 4pm on Tuesdays and Thursday.



Benefice of St Mary's & St Michael's

East Bergholt (EB)

Brantham (B)



There is a boy here who has five barley loaves and two fish.

Sunday 25 July 21 Trinity 8

09:30 Rev Steph at Morning
Prayer, Great Wenham
10:30 Informal Service, B.
Final reading of banns for Anna
and Remi.
10:45 Rev Steph at baptism at
Capel St Mary
15:00 Wedding prep at the Rectory

Please let us know if you
need help of any sort.

**Jams will be on sale after the
service at Brantham today.**



COLLECT

Lord God,
your Son left the riches of heaven
and became poor for our sake:
when we prosper save us from pride,
when we are needy save us from despair,
that we may trust in you alone;
through Jesus Christ our Lord.

AMEN

Readings
John 6:1-21

**It is sensible to wear your mask when in
contact with other people.**



POST COMMUNION PRAYER

Strengthen for service, Lord,
the hands that have taken holy things;
may the ears which have heard your word
be deaf to clamour and dispute;
may the tongues which have sung your praise
be free from deceit;
may the eyes which have seen the tokens
of your love shine with the light of hope;
and may the bodies which have been fed
with your body be refreshed
with the fullness of your life;
glory to you for ever.

AMEN



PRAYER OF ST COLUMBA (521-597)

Be a bright flame before me, O God,
a guiding star above me,
a smooth path below me,
a kindly shepherd behind me,
today, tonight, and for ever.

AMEN

Jesus encourages us to share not only things,
but encouragement and wisdom too.

TEDDY BEAR PARACHUTE CHALLENGE: 4th September from 9:30 –12:00 at St Michael's. Please sponsor Pebbles. His form is at the back of the church.

NOT ON THE INTERNET?

0800 804 8044 (Free) to hear hymns, prayers and thoughts for the day. Now also includes help for sleeping.

POSTAGE STAMPS

Marji Holdsworth is collecting used postage stamps. Please pass any to Marji to send on to the RNIB or place in the box provided in the porch at St Mary's.

TUDOR AND CRAFT BENEFIT FAYRE:

14th and 15th August on the Bentley Playing Fields in aid of medication not provided by the NHS for Michael Hawthorn whom we have been praying for. Organised by his aunt Hilary Taylor. Offers of help welcomed - contact Rev Steph if you would like to help.

CHILDREN'S SOCIETY

BOXES: Please could you bring your boxes to the EB 10:30am service for collection on 15th August. Many thanks, Lauraine Johnson - Tel 01206 299005

Mon 26 <i>Rev Steph's rest day</i>	Tues 27 <i>Rev Steph's rest day</i>	Wed 28 <i>Rev Steph is at Moorfields today</i> 20:00 Social get together via Zoom
Mon 2 <i>Rev Steph's rest day</i>	Tues 3 10:30-13:00 Rev Steph and Coco are Chaplains on Duty at the Cathedral	Wed 4 20:00 Social get together via Zoom
Mon 9 <i>Rev Steph's rest day</i>	Tues 10 10:30-13:00 Rev Steph and Coco are Chaplains on Duty at the Cathedral 11:30 Tour Group at EB	Wed 11 10:00 Leslie Mower, Ashes to rest, B 20:00 Social get together via Zoom

THANK YOU! The Teddy Bear's picnic in aid of MSA, the charity that supported Carrie Hinton, raised an amazing £500. Thank you too for everyone who helped on the day.

DATES FOR YOUR DIARY

Thurs 29 10:30 Wedding Rehearsal at Capel	Friday 30	Sat 31 08:30 Monthly Morning Market in the Lambe School resumes 10:00 Repair Café at Holbrook Village Hall 14:00 Wedding at Capel St Mary	Sunday 1 August Trinity 9 10:30 Benefice Communion Service, EB
Thurs 5	Friday 6	Sat 7 14:00 Gwen Amoss, Ashes to Rest, B	Sunday 8 August Trinity 10 09:30 Rev Steph at Morning Prayer, Great Wenham (Rev Sally away) 10:30 Benefice Communion Service, B (Rev Aileen) 10:45 Rev Steph at Communion, Capel
Thurs 12	Friday 13 17:00 Wedding rehearsal, B	Sat 14 14:00 Wedding of Anna Williams and Remi Perrin, B 10:00 –17:00 Tudor and Craft Benefit Fayre, Bentley Playing Field	Sunday 15 August Trinity 11 10:30 Benefice Communion, EB 14:30 Baptism of Toby Toop, EB 10:00-17:00 Tudor and Craft Benefit Fayre, Bentley Playing Field

COVID RESTRICTIONS: In the light of the current high infection rate locally, we will continue as we are for the time being, wearing masks in church and receiving communion in one kind only.